



## ***AccessRescue Rope Access Recommended Equipment List***

### Rope Access Harness:

- 390 AR Yates AccessRescue Harness
- 387/387P Yates Basic Rope Access Harness

### Back-up Lanyards (connect to Kong Back-up):

- 1 BlueWater sewn 16 inch dynamic lanyard to chest with short 8 mm Kong stainless steel oval
- 1 BlueWater sewn 20 inch dynamic lanyard to chest with short 8 mm Kong stainless steel oval

### Positioning Lanyards attached to harness trapezoid link:

- BlueWater sewn technora Y lanyard with Kong Tango sewn in one end and DMM333 carabiner in other end
- 10 inch 2 wrap hybrid prusik on positioning side (Kong Tango side)

### Hand Ascender:

- Petzl Basic

### Chest Ascender:

- Kong Cam Clean or ISC RP 229 Chest Ascender
- 12 inch, 3mm BlueWater accessory cord (if 387/387P harness)

### Footloop:

- BlueWater Titan Footloop
- Metolius FS Mini II (Orange) or Kong Argon

### Connectors (carabiners):

- 5000 lbf. mbs. minimum
- autolock
- 1 three stage for descender (DMM Yates 1837 w/red gate, Rock Exotica rockD ORCA-Lock, rockD Auto-Lock)
- 2 additional two stage minimum (prefer DMM 333, or DMM Yates, or Rock Exotica)

### Descent device:

- ISC D4 Pro
- ISC D4
- Petzl I'D S
- Petzl Rig

### Back-up device (2 of each, mix, or 1 only per work environment):

- Kong Back-up w/2mm tug cord (comes with steel carabiner)
- Petzl ASAP Lock w/ASAP'Sorber 40

### Helmet:

- Kask Super Plasma