



AccessRescue Controlled Descent Recommended Equipment List

Equipment source: BMO Rescue: bmorescue.com, Jonathan Snyder 770-842-9292, info@bmorescue.com

Rope Access/Controlled Descent Harness:

390 AR Yates AccessRescue Harness with integral chest ascender strap (XS, S, M, L)

Connectors (carabiners):

1 three stage for descender (PenSafe A397PS)
7 to 10 additional three stage (PenSafe A397PS)

Descent device:

ISC D4 or D4 Pro

Back-up device:

Kong Back-up w/2mm tow cord (comes with steel carabiner) with:

1 BlueWater sewn 16 inch dynamic lanyard to chest with short 8 mm Kong stainless steel oval and Petzl Stuart on carabiner end (Kong steel carabiner comes with Kong Back-up)

and/or Petzl ASAP Lock w/ASAP Sorber Access and 2 Petzl Captiv with 1 PenSafe A397PS carabiner

Hand Ascender:

Petzl Basic
BlueWater Titan Footloop

Rope:

BlueWater 11mm DGR

Anchor slings:

BlueWater Rhino Slings (various lengths)

Work seat:

Petzl Podium

Helmet with chin strap (ANSI Z89.1 compliant)